



University Of Peshawar

# Essential Medicine List

Chapter 2 Clinical Pharmacy II

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# Essential Medicine list

A logo consisting of a green speech bubble with a gold interior, containing the letters 'EML' in black. A thin green line extends from the bottom of the bubble.

**EML**

1. Criteria for selection
2. Usage and advantages
3. Development of essential medicines List

# Definition

EML

- Essential medicines are those that satisfy the priority health care needs of the population.
- Selection
- Public health relevance
- Evidence
- Efficacy
- Safety, and
- Comparative cost-effectiveness.

# History of modern Medicines

EML

- Aspirin Introduction 1897
- Antibiotic 1941
- Antimalarial (1943)
- Antitubercular (1944)
- The 1950s oral contraceptives, drugs for diabetes and drugs for mental illness.
- WHO Model List of Essential Drugs 1977
- 208 individual medicines
- Which together could provide safe, effective treatment for the majority of communicable and non-communicable diseases

# Essential Medicine

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EML

List of drugs available in market

Different prices

Different health care needs

Chances of irrationality

Need a list of medicines

Based on Safety efficacy cost effectiveness, available

Majority of health care needs can be full filled

# Do we really need essential list?

**EML**

1. Poor supply chain in LMIC

2. Cost of Medicines

3. Availability of medicines

4. Reducing Mortality

5. Therapeutic Manuals

6. ADR Monitoring

# Do we really need essential list?

**EML**

7. New Therapeutic Options

8. Regular Update of EML

9. Resource Constraints Settings

# Criteria for the selection of essential drugs



# Criteria for the selection of essential drugs

EML

## Core List

- Minimum Drugs
- Safe Efficacious and Cost effective
- Basic health care system

## Complementary List

- Specialized facilities
- Training requirements

# Criteria for the selection of essential drugs

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1. Prevalent Disease

2. Treatment Facilities

3. Trained and Experienced Personnel

4. Financial resources

5. Genetic and Demographic Data

# Criteria for the selection of essential drugs

EML

6. Scientific evidence

7. Cost

8. Single compounds

# Criteria for the selection of essential drugs

EML

9. Dosage Form Selection

10. Quality assurance

11. Reserve anti-infective agents

Advantages and uses

# Advantages and uses

A logo consisting of a yellow circle with the letters 'EML' in black, surrounded by a green border. A thin green line extends from the bottom of the logo towards the list area.

EML

1. Provides a base for NEML
2. Cost effective Medicines
3. Better Control
4. Updated List
5. Guideline for LMIC

# Advantages and uses

EML

Antimicrobial resistance is a global crisis



WHO's AWaRe tool can help countries tackle it by prioritizing how antibiotics should be used.



## ACCESS

should be  
always available

**Access** category antibiotics should be the preferred choice for common and serious infections.



## WATCH

must be  
used sparingly

**Watch** and **Reserve** category antibiotics are either at higher risk of resistance or too precious to use all the time.



## RESERVE

only as  
a last resort

# WHO Expert Committee

EML

- **Committee Members**
- **13**
- **Temporary advisers**
- **5**
- **UN Agencies**
- ***UN population fund***
- ***UNICEF United Nations Children's Fund***
- **WHO Regional Heads Africa America Europe**
- **WHO Headquarters Geneva - Secretariat**



# 21<sup>st</sup> Edn of EML



EML

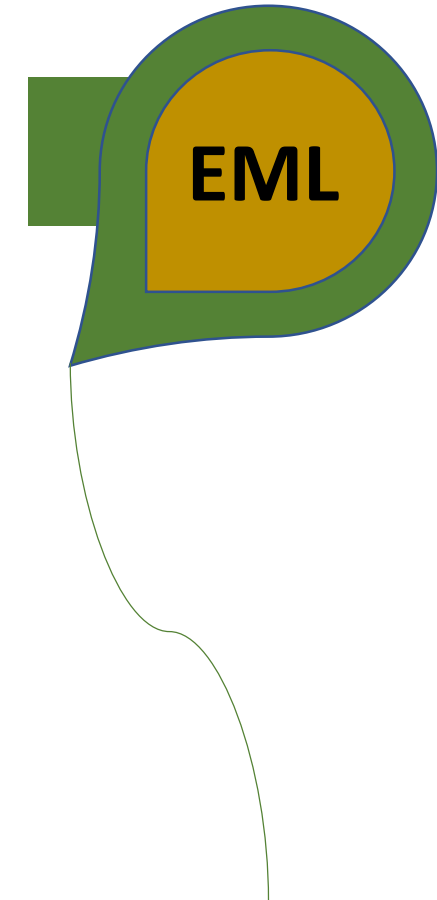
- 156 countries uses WHO EML
- EML Updated after every 2 yrs
- Total Medicines in EML 21<sup>st</sup> Edn 2019--- 460
- Addition of 28 new medicines
- The committee sorted through 65 applications for additions to the list. About a third were rejected.
- The list added three antibiotics for the treatment of multidrug-resistant infections, including Ceftazidime + avibactam; Meropenem + vaborbactam; and Plazomicin.
- Added new anticoagulants and new drugs for Rheumatoid Arthritis
- New drugs for lung, blood and prostate cancer were included

# Rejected Applications

EML

- The list doesn't include medicines for the treatment of
- multiple sclerosis;
- The committee rejected submitted medicines fingolimod, glatiramer acetate and ocrelizumab.
- The committee that approved the list also did not recommend including methylphenidate, a medicine for attention deficit hyperactivity disorder.

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# NEML 2018

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**EML**

428 drugs

30 categories

First NEML 1994

Last 2016

Primary (P)

Secondary (S)

Tertiary (T)

**EML**

**The End**